
Allspice Almond Fat Bombs

2 net carbs per serving.



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Servings: 8

10 tbsps almond butter

5 tbsps heavy cream

4 tbsps coconut oil

2 tpsps cocoa powder

1/4 tsp allspice

6 drops liquid stevia (or equiv)

DIRECTIONS

Blend all ingredients together and press into cups, a mold or container.

Freeze for about 2 hours, remove and enjoy.

Optional: Top with chopped almonds

Per Serving: 214 Calories; 22g Fat (85.1% calories from fat); 5g Protein; 4g Carbohydrate; 2g Dietary Fiber.

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