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# Bacon Maple Butter Fat Bombs

1 net carb per serving.



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Servings: 12

8 ozs neufchatel cheese, softened

1/2 c unsalted butter

4 tsps bacon fat

4 tbsps coconut oil

8 bacon slices, cooked and crumbled

1/4 c sugar free maple syrup

OR maple extract and liquid stevia (or equiv), to taste

## DIRECTIONS

Combine all ingredients, setting aside some crumbled bacon and melt slowly in the microwave for 10 second intervals until smooth.

Pour into a dish or pan and place in the freezer until firm, about 15 minutes.

Remove from freezer, sprinkle with more crumbled bacon, slice and serve.

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Per Serving: 207 Calories; 32g Fat (88.8% calories from fat); 8g Protein; 1g Carbohydrate; trace Dietary Fiber.

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