
Walnut Nutter Butter Fat Bombs

1 net carb per serving.



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Servings: 8

4 tbsps unsalted butter
1/2 c almond butter
1/2 c coconut oil
6 drops liquid stevia (or equiv)
sea salt
2 tbsps walnuts, chopped
dark chocolate , melted
(optional - add the carbs)

DIRECTIONS

Combine all ingredients in a small dish or bowl and warm in the microwave for 30 seconds. Whisk until well blended.

Pour into cupcake liners, muffin tins or molds and place into the freezer until firm, about an hour.

Before serving, top with melted sugar free or dark chocolate and walnut pieces.

Per Serving : 274 Calories; 29g Fat (91.8% calories from fat); 3g Protein; 3g Carbohydrate; 2g Dietary Fiber.

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