
Bulletproof® Coffee Gummies

.5 net carbs per gummy.



Low Carbe Diem
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Servings: 8

8 ozs Bulletproof® Coffee, freshly brewed using 2½ tbsps of ground Bulletproof® Coffee
2 tbsps unsalted butter, grass-fed (or Bulletproof® Ghee)
1 tbsp Brain Octane® oil
1 tbsp coconut oil
1 tbsp vanilla extract
5 tbsps unflavored gelatin
stevia (or equiv), to taste

DIRECTIONS

Blend all in your blender until mixed well and frothy.

Pour into candy molds and put in the fridge until set (20 minutes to 2 hours).

Pop out of molds and store in a container.

When you're ready, drop the gummy into your Bulletproof® Coffee or eat them whole!

Per Serving: 61 Calories; 6g Fat (96.7% calories from fat); trace Protein; trace Carbohydrate; 0g Dietary Fiber.

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