
Lemon Cheesecake Fat Bombs

.25 net carbs per serving for 12 servings.



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Servings: 12

1/4 c coconut oil, melted
4 tbsps unsalted butter, softened
4 ozs cream cheese, softened
1 tbsp lemon zest, finely grated
1 tsp lemon juice
lemon extract, optional
Stevia (or equiv), to taste

DIRECTIONS

Blend all ingredients with a hand mixer until smooth.

Pour into cupcake liners, tins or molds.

Freeze until firm - at least a few hours, preferably overnight.

Sprinkle with lemon zest.

Per Serving: 106 Calories; 11g Fat (96.5% calories from fat); 1g Protein; trace Carbohydrate; trace Dietary Fiber.

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