

# Mozzarella Keto Pizza Dough

102 cal - 1.3g net carbs per serving  
(818 cal - 10.6g net carbs in total recipe)

Servings: 8



Low Carbe Diem

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1 1/2 c Mozzarella cheese, shredded  
3/4 c [almond flour](#) (sub 1/4 cup (4 tbsp) [coconut flour](#))  
2 tbsp cream cheese  
1 whole egg  
sea salt, to taste

## DIRECTIONS

In a microwave-safe bowl, mix together Mozzarella and [almond flour](#).  
Add the cream cheese and blend well. Microwave on high 50 to 60 seconds.  
Stir mixture, then microwave on high another 30 seconds.  
Add the egg and salt, mixing gently.

Total Recipe: 818 Calories; 51g Fat (56% calories from fat); 77g Protein; 20.8g Carbohydrate; 10.2g Fiber.  
Per Serving: 102 Calories; 6.3g Fat (56% calories from fat); 9.6g Protein; 2.6g Carbohydrate; 1.2g Fiber.